

sahlap dessert

Ingredients

- 1 cup full cream milk
- 1 tblsp corn flour
- 1 tsp of sugar
- 1/2 tsp of orange blossom water
- 1/2 tsp of rose water
- Pistachio nuts crushed (to garnishing)
- Cinnamon (to garnish)

Method

- Place the milk in a saucepan and heat
- Add the corn flour, stir until mixture thickens
- Add the sugar, rose water and orange blossom water.
- Pour while hot into bowls or cups
- If you wish you can sprinkle with either cinnamon or pistachios. Serve warm